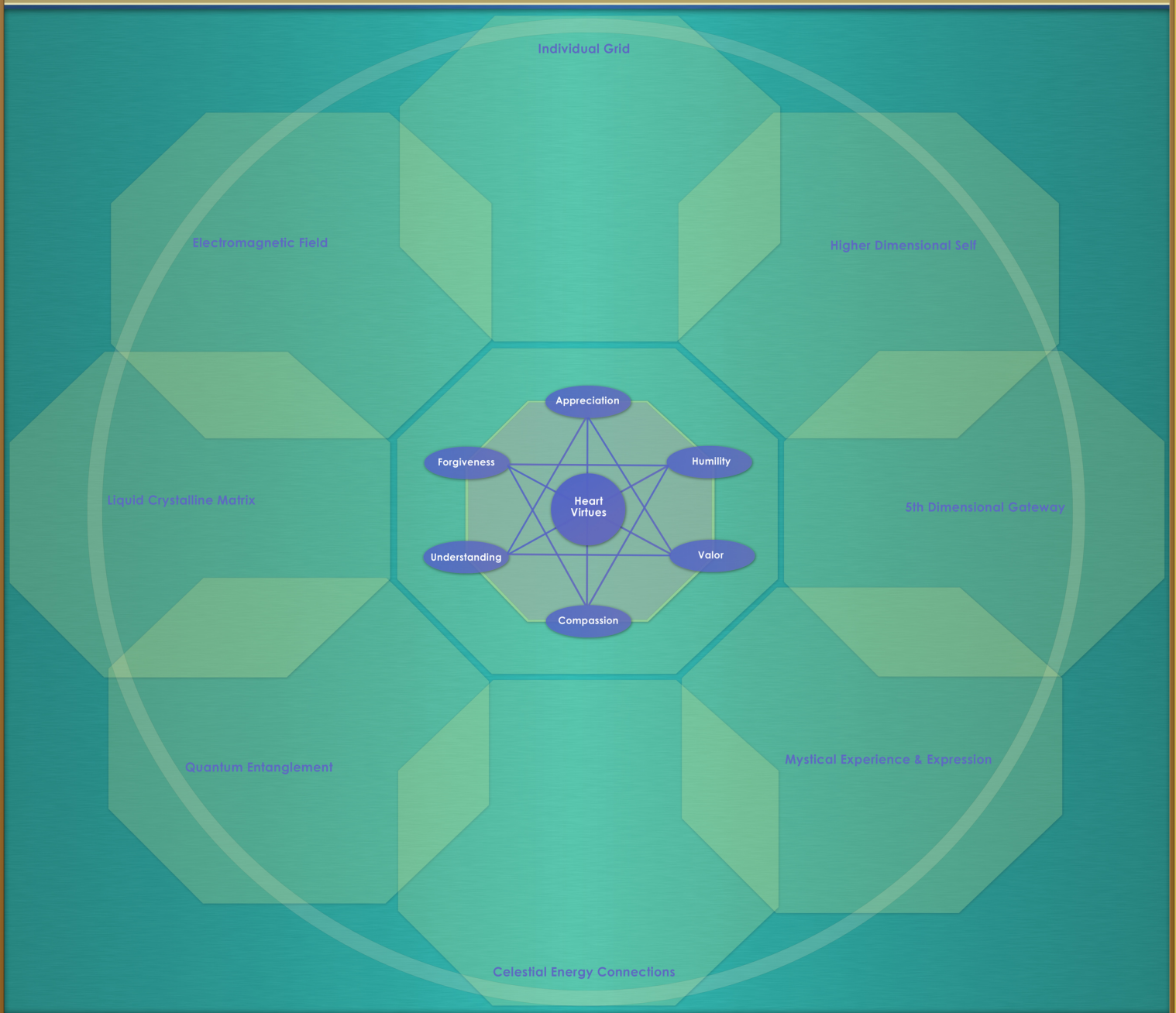


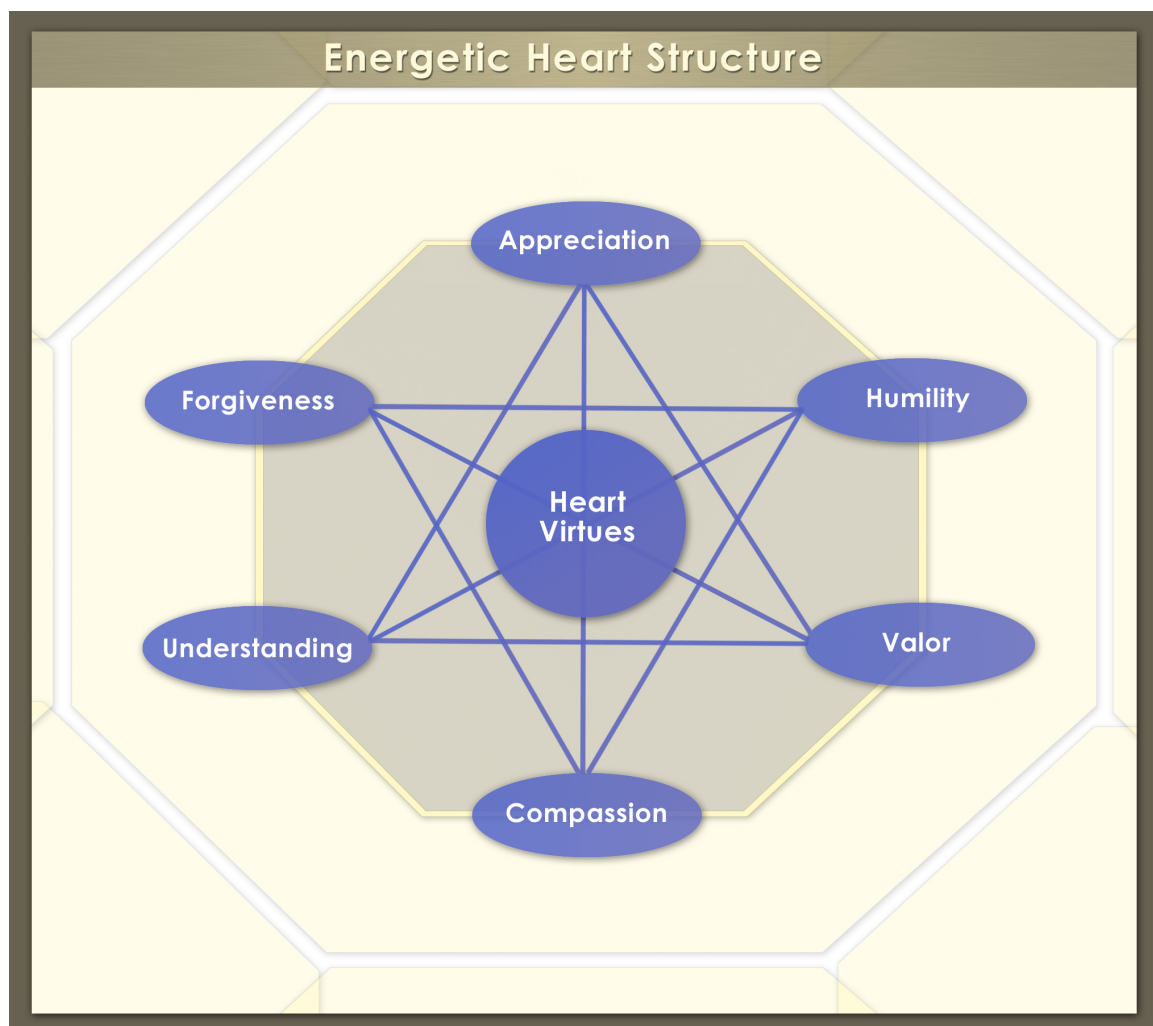
The Art of the Genuine: A Spiritual Imperative





INTRODUCTION

The energetic heart¹ is the source of virtues that have become associated with names like compassion and appreciation. These are exterior titles for the potent frequencies of the heart that define the individual's essence. The virtues of the heart are the energetic sources for both perception and expression of the immortal soul that indwells the human personality within the world of form.



The self is contained in the energetic heart and moves outward from its platform of heart virtues into all dimensions—both material and non-physical. The heart



virtues consist of appreciation, humility, valor, compassion, understanding, and forgiveness. Many other shades exist, but these are the fundamental virtues or frequencies that produce the platform structure of the energetic heart and from which the realm of self or soul operates.

When these virtues are expressed and received genuinely—without the densities of the ego and mind—their effect is multiplied and sustainable through other life forms (human and otherwise).

Ordinary light is incoherent because it is omni-directional and the light waves are not in phase with one another so there is no structure to multiply energy. However, a laser produces intense light because it consists of coherent light waves that are aligned directionally and phased for support and reinforcement. Because of this, lasers can perform functions that ordinary light cannot.

Similarly the virtues of the heart, when they are coherent within an individual, or within a group of individuals, can produce results that are extraordinary and seemingly supernatural. This requires that both the tacit or implicit levels (the inner source) of heart virtues and their explicit equivalents (actions/behaviors) are coherent. Coherent, in this case, means linked in authenticity and genuineness.

So how do you bring these emotional frequencies into coherence? It is known within the Lyricus Teaching Order² as *the art of the genuine*.

THE EGO-MIND KNOWLEDGE STRUCTURE

The ego-mind is enculturated by our social order to develop a value system that is aligned with the consensus of society or a group within the broader social order. Thus, our knowledge, morals, values, attitudes, and behavior are largely cultivated by the underlying social structure of the three-dimensional world.

The self or consciousness is not contained inside the three-dimensional world; therefore it cannot truly be examined by three-dimensional inquiries or even the most finely tuned logic of the mind. This is the fundamental imbalance of the religious, philosophical and psychological fields: that the unlimited self cannot be revealed by the



mind that is enculturated and bound in the three dimensional world.

Mysticism posits that there is a mystery that underlies life and confounds the ego-mind, which in turn, seeks explanations and rationale for this inexplicable mystery, and in this search, science, religion, psychology, and philosophy are nurtured and sustained. While these tools or disciplines are believed by many to guide our inquiry into a transcendent consciousness, it is a little like trying to explore the ocean's depths with an airplane.

The ego-mind knowledge structure observes the ripples of soul, but the profound source of these ripples reveals itself to no one—its structure being the superstructure of all things material and non-material. This leaves the ego-mind feeling frustrated and somewhat distrustful, at least in those who are awakened to this reality. The ego-mind searches for the expression of intelligence in the significance of activity; while the soul is intelligent unto itself because it faithfully receives and transmits the virtues of the heart.

The ego-mind seeks the pay-off of activity or the rewards of consequence; while the soul seeks to sustain a culture of the heart's virtues within the density of the worlds of form. The self is caught, in a sense, between two worlds that share one common element: Purpose. We are all aware, in our most lucid moments, that there is a deeper purpose to life, and, in particular, to *our* life. The fragmentary world of form is arresting to our senses, but it does not provide satisfaction to our inborn longing for purpose.

This is why the ego-mind is frustrated in so many who are here waiting for their purpose to unfold. The art of the genuine is the practice of coherence between the deeper awakening of the heart virtues within each of us, and their faithful expression in the worlds of form. Those individuals who are awakened to the frequencies of the energetic heart within and practice—to their best ability in the moment—the expression of these frequencies in their behavior and actions are practicing their highest purpose.

Allow me to stress this point: they are *practicing* their highest purpose. They are not seeking it. They are not wondering what it is. They are not frustrated by the enigma of their seeming elusive purpose. They are simply



practicing it. Living it as an integral element of their life expression and seeking to increase the degree of coherence between what they understand their heart virtues to be and how they can express those heart virtues with genuineness.

The ego-mind structure will more easily align to the energetic heart when it understands that its real purpose is being fulfilled and not made more abstract by the mystical, unseen nature of spirit. This alignment increases the ability of the individual to achieve *genuine* expression of their heart virtues through their behaviors and actions.

The spiritual works of earth are cluttered with so many admonitions, rules, precepts, laws, formulaic processes, and esoteric practices that the art of the genuine may seem oddly simple, and therefore less potent. However, it is the simple acts of virtue that hold the true power of transformation and upliftment—not only for the individual practicing them, but for the larger share of humanity in all of its dimensional expressions.

Each individual is an active participant in the reality structures they observe and experience in the worlds of form. This participation occurs primarily through the energy centers of the human instrument³ and their intersection with the three-dimensional world. These energetics, however subtle they may be, are dynamically shaping your reality, imbuing it with perceptual markers that define your ascension path from noble innocent to conscious co-creator of new realities.

It is not enough to have an abstract understanding of the heart's virtues. For example, knowing that it is essential to express appreciation for the gifts that life brings to you is one thing, expressing this appreciation is another, but understanding how and when to express this appreciation with a genuineness that is grounded in the energetic heart frequencies requires a special awareness—an attunement to the finer frequencies of the heart and a commitment to follow these subtle gestures of virtue faithfully.

There are many who believe that their life should be more prosperous and abundant. That life should unfold according to their needs. Ease should be the embodiment of their life force. But there have been energetic densities deposited on earth by countless generations of humans. These densities



require transformation in order for the planet to shift its core frequency to a higher dimensional state. Each of us embodied on earth is part of this process of transformation. It is the natural state of consciousness to desire to move beyond the lower densities that impede the heart virtues' free and natural expression, even if this process may extend across hundreds if not thousands of embodiments in a human instrument.

It is precisely this mutual transformational process that humanity is co-creating with the planet. Once this is truly understood in the mind and heart of the individual, practicing the art of the genuine is a spiritual imperative.

PRACTICING THE ART OF THE GENUINE

The art of the genuine is a subtle practice. There are energetic fields of compassion, understanding, appreciation, valor, forgiveness, and humility that surround the human instrument—every human instrument—like a cocoon surrounds a soon-to-be butterfly. These fields are the energetic equivalents of First Source's⁴ imprint upon the individual soul. They exist in our world of form as coherent oscillations within the broader, inter-connective energetic fields of the multiverse, what Lyricus teachers refer to as the *Domain of Unity*. Together these fields are often referred to as divine love—the energetic “blood” that circulates throughout the multiverse—sustaining all life forms both temporal and immortal.

The individual more efficiently and effectively accesses these fields of intelligence (virtues of the heart) through the activation of *genuine* feelings. It is not a matter of the mind or intellectual reasoning. The mind follows the leading impulse of the heart in matters of virtue and the attitudes therein. Practicing the art of the genuine is magnetically attracting these fields of intelligence into your consciousness and then expressing them in your behavior and actions to all forms of life that cross your path every moment in time and every centimeter in space to the best of your ability.

This is practicing the art of the genuine, and when this is done, your feelings become more divinely inspired, more energetically magnetic, more liberating for all. The essential truth of behavior is to not forget your divine link and co-creative abilities with First Source, despite



the enculturation of society. But if you forget, the essential action is to remember and rebuild this link, and this is done through the virtues of the heart.

As you can see, there are two main components to this practice: drawing in the fields of intelligence that surround you, and expressing these emotions and attitudes in your behavior and actions. What most people do is to express their emotions without drawing in from the fields of intelligence that surround them—without “soaking” in the divine love that surrounds them at all times in all circumstances.

Thus, to practice the art of the genuine, your feelings must be drawn from the energetic “well” that provides you the linkage to First Source and the potential for co-creative expressions. This linkage has existed as long as you have existed. It is not newly created. Perhaps, instead, it is newly forgotten. If you visualize the diagram on page two and place yourself in the center, imagine that you are attracting the heart virtues into your consciousness and expanding the link between you and First Source as you do so. You are clearing the pathways to receive the genuine feelings of these virtues into your consciousness as new patterns of intelligence and new expressions of behavior.

This visualization can be done anytime and anywhere, and it will help you identify the wholeness of this link. Our linkage to First Source is not only based on compassion or forgiveness, it is based on six virtues and while these titles or names are like shells of their true meaning (from the energetic perspective) they approximate the manner in which each of us is enfolded with the spirit of First Source. Part of this practice is to see your understanding and comprehension of these names or descriptions expand and shift as you practice and exercise your imagination.

There is a mutual transfer of intelligence that occurs in this practice and it will guide you over time as it becomes more unified. It will deepen and broaden your understanding of these virtues and how they can be expressed in new ways—ways that perhaps you have not even imagined.

Be patient with this practice.



The art of the genuine is called an art for a reason. It is not rational like mathematics where you have symmetrical energy input and output. You are opening your consciousness to a field of intelligence that surrounds you at all times. You are attracting this intelligence into your three-dimensional life as a co-creative force. This co-creative force is potent, dynamic, and miraculously intelligent. It will observe your practice before it will emerge to merge.

This merging of your consciousness with the Domain of Unity is called many different things in the world of form. But whatever its name, practicing the art of the genuine quickens this merging. It is a discipline for those who wish to exercise their divine memory and enhance the relationship between themselves, their fellow beings, and First Source. In this enhancement, the field of consciousness that surrounds you magnetically draws the new radiations that are being brought to the planet into your microcosm of life. You can play with these new energies as new elements within the co-creative process just like an artist when they receive new colors onto their palette.

The six heart virtues are given to each of us from our Creator so that we in turn can express them—as faithfully as we can—to our fellow beings. That is the purpose in our relationships as simply as it can be depicted in language. When we place our attention on these virtues we are beginning to practice their expression even as we think about them. When we imagine their fullness—their energetic structures—we are practicing them at a new, more potent level. The practice is not just expression; it is contemplation and study as well.

You might wonder why Love is not among the six virtues. Just as sunlight, when it passes through a prism, becomes a multicolored spectrum of color, so does love, when it passes through the Domain of Unity, become the heart virtues. Love is the deepest structure in the multiverse. It passes through all dimensions of existence and fields of consciousness until it finds the imprint of First Source crystallized in a form of life. If the form of life is sentient, composed of both mind and heart intelligence, love will channel itself in the virtues of the heart and enter the consciousness of the individual entity kindling its link to First Source until the time when the entity—sheathed in a human instrument—reawakens to the clear eye of soul.



The six heart virtues blend with one another and form the bond of love that fuses sentient life in the Domain of Unity, and their shadows, though relatively weaker, bond life in the lower dimensions as well. When adversaries, accusers, tempters, or hardships enter your life they can capture your attention, pulling it into the enculturation of the social order, away from the genuine feelings of the heart virtues. This occurs to all people to varying degrees.

Practicing the art of the genuine will enable you to regain and reset your emotional balance with an adeptness that may surprise you. The heart virtues are magnetically powerful because they are the textures of divine love—the most potent force of the multiverse. When you practice these virtues they pull you from the enculturation of the social order and place you in a position of co-creation—not co-reaction.

The vast majority of people are practicing the social order and submitting to the rule of co-reaction. Emotions are flaring up, simmering down, flooding the mind with fear, ruling the body, and generally making life more difficult for all. Moreover, the sense of mastery that one achieves in the state of co-creation with First Source is lost or substantially diminished. In this state of co-creation, real or imagined, the heart is enlivened and exhibits artistry in relationships, knowing intuitively how to navigate without co-reaction.

I have resisted the temptation to define the six heart virtues in detail, but I will provide a starting point for their definition so you can embroider them according to your own experience and insight.

Appreciation: At the subtle levels, this virtue is focused on a specific awareness that First Source surrounds our fellow beings as a field of consciousness and that this consciousness unifies us. If we are unified, it follows that we operate as a collective consciousness at some deeper level, and in this place, we share a common purpose that is richly textured, supremely vital, and yet mysterious, dynamic and uncertain. This awareness, or even belief, shifts our focus from the small details of our personal life to the vision of our purpose as a species.



At a more practical level, appreciation expresses itself in the small gestures of gratitude that support relationship loyalty and bonding. The deeper levels of appreciation make the relatively surface level expressions genuine because they stem from the frequencies of soul instead of the motives of the ego or mind.

Humility: The soul expresses the love frequency derived from First Source. It is its most important purpose, while embodied within the human instrument, to circulate this delicate, sublime frequency of love to the human instrument. It will come as no surprise that it finds the heart a more willing collaborator than the mind. Humility is the realization that the heart, mind and soul co-mingle in the grace of First Source. That their very existence is upheld through the dispensation of love from First Source just as surely as a tree is sustained by sunlight.

In the religious, psychological and philosophical materials of our planet there is great consideration given to the mind. *As a man thinketh so is he.* At a more granular level, many people believe that what they think causes their feelings, which in turn creates their vibratory rate and this vibratory rate attracts their life experience. So, applying this logic, the way to attract good things into our life is to think rightly, lest we attract evil or hardship.

Humility understands that the being that represents you—your fullest identity—is not constituted as a chain reaction of the mind. Rather, it is the presence of love embodied in human form, and this love expresses itself in the virtues of the heart, the pure intellect of the contemplative mind, and the co-creative pursuits of the heart, mind, and soul. Humility is the expression of this love frequency knowing it derives from what already exists in a higher dimension, and in this dimension love is not a thing of sentiment and emotional heaviness. It is a liberating force that acts according to the archetype of First Source: All is one. All is equal. All is divine. All is immortal.

Valor: While valor is generally used in the context of war or the battlefield, it is, as an element of love, linked with the act of speaking truth to power, especially when an injustice is committed. It is common in today's social order to pretend ignorance of the injustices of our world.



Self-absorption in one's own world is a key threat that undermines the expression of valor, and fear of consequence is the other.

Individuals who fear consequence in pointing out an injustice misunderstand the co-creative force of First Source. When you operate as a co-creator, you are ever vigilant to the incremental or sudden onset of injustice, and when it occurs in your life path, it must be identified for what it is and dealt with. Valor is the aspect of your love that defends its presence in the face of injustice as measured in the social order. If you don't defend your virtues—or those too weak to defend their own—you have separated from them and have lost an opportunity to be a co-creative force in the world of form.

This doesn't necessarily mean that you must become an activist or advocate for a list of social causes. It simply requires that you defend yourself from injustice. Children in particular require this protection. When I was only about seven years old I vividly remember going to a store with my father and while we were walking in from the parking lot we noticed a mother quite literally beating her child in the backseat of her car. It was a busy Saturday and there were many people in the parking lot, but it was my father who approached the woman and asked her to stop. His voice was firm from his conviction and the woman immediately stopped.

This was an act of valor because there was no real judgment associated with it; it was simply an injustice that required intervention in the moment. Compassion for both the child and the mother were present in my father, and I believe the mother knew this. This is an example of how the virtues of the heart seldom appear in isolation, but rather as an ensemble that braid themselves for strength and potency for a given situation.

Compassion: Many teachers have spoken eloquently about compassion as the deep awareness of the suffering of another coupled to the desire to relieve that suffering. In the context of the new intelligence that is seating itself on our planet, compassion is an active desire to assist others to align with the new fields of intelligence that are manifesting in the three dimensional world, aware that their desire and ability to align is distorted by their



social enculturation; it does not accurately reflect their intelligence, spiritual inclinations, or purpose.

The planet we live on is an intelligence unto itself. It is both physical and has very high frequency energetic structures just as we do. It is shifting from the 3rd dimension to the higher 4th dimension and it has been planning this before humanity was even seeded on the planet. It is part of the evolutionary cycle of planetary systems to transmute accumulated densities from one dimension before passing into a higher dimensional grid.

Compassion therefore is extended to both our fellow beings and the planet itself with the realization that we are part of one another's destiny if only for a single lifetime. Planet and person dance in the ascending currents of First Source in a collaborative process of regeneration and renewal. We are all part of the mysterious overtures and energetic transcendence that is occurring between earth and the universe, and as earth transforms its accumulated densities each of us will be challenged to transform our own, or become further embedded in our fears and emotional turmoil.

We are privileged to be part of the ascending planetary structure of earth's nurturing spirit and universe importance. There is now present on earth an amazing diversity of cosmic beings sheathed in human instruments, but hailing from incredibly diverse sectors of the cosmos. We are here to witness and support this transcendence of earth over the densities and entrainment of the three dimensional intelligence and its artifacts. We are here to accelerate our spiritual growth in an order of magnitude seldom achieved elsewhere in the multiverse. This is a gift of the earth to those present on the planet at this time, and, in some small measure, the motive for our compassion.

Understanding: The world of form, just as the formless worlds, is composed of energetic structures beneath its denser expression. In a real sense, everything in the multiverse is energy with incalculably long, energy-based lifespans. Energy is transformational; that is, it can alter or shift into other states of being or, in the case of humans, consciousness. The human energetic structure is often described as the chakra system or electromagnetic body, but it is more than these components. The energetic



structure is a form of light, which in turn is a texture of divine love.

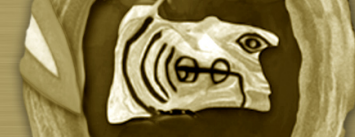
It is a fact that we are composed of love at our core structure, and it is this love frequency that is the basis of our immortal consciousness or soul. All of the lower densities are shadows of this light and operate in time and space, which provide a sheath of density and separation from this core love frequency. The worlds of time and space alter or dilute this connection we feel to the core energetic structure we all are composed of.

Herein is the paradox of being human: our innermost structure is divine love and our outermost structure is a means of experience for the innermost structure, but we have become entrained by the outer vehicle to the degree where we identify with it more than the occupant—our true self—inside.

All of us feel this dissociation with our true self and over-identification with our vehicle (human instrument); perhaps only in degree is there any difference among us. Understanding is the aspect of heart intelligence that recognizes this dissociation from the love frequency is a necessary design component of the larger blueprint that is occurring on the planet. In other words, it is not that humanity has fallen from grace or is tilted irrevocably toward sin. Rather, we have simply accepted the picture of reality that is dominant, and its dominance is not by accident but by the designs of First Source.

There is a well-known phrase within Lyricus that roughly translated says: "The elegance of time is that it unravels the structures of space that have sealed love from itself." The structures of space, in this case, refer to the human instrument. Only time can break down the rigid barriers or subtle membranes that prevent or diminish the love frequency from exerting its wisdom in the behaviors of the individual.

If time is the variable of importance, it stands to reason that everyone is on his or her way to this realization, it is simply a matter of time before they achieve it. Thus, time is the differential that separates us. In a sense, we are all time shifted from one another. No one operates in exactly the same time relative to unsealing his or her love frequency from the world of form.



Realizing this helps you to understand the relation of unity to reality, and in this realization you are able to accelerate time for yourself and those with whom your life touches. It is the true purpose and noble definition of time travel.

Forgiveness: Forgiveness operates out of the construct that each of us is doing the best we can under the circumstance of our life experience and the degree that our love frequency saturates our human instrument. When a person operates from the heart virtues and the rich textures of its authentic frequencies, forgiveness is a natural state of acceptance.

When a perceived injustice enters our experience—no matter how significant or whether we perceive ourselves to be the cause or the effect—we may initially react with the sharp emotions of victimhood or annoyance, but this emotional clutter and distortion can be quickly transformed by experiencing understanding --> compassion --> forgiveness --> appreciation. This is the *equation* that transforms the murky turbulence of victimhood or co-reaction into the crucible of light, leaving behind only the purest frequency of love stripped of all purpose.

Forgiveness is really the outward expression of understanding and compassion without the heavy sentiments of duality (i.e., good and bad) that typically introduce the presence of judgment. It is a neutral expression without design or purpose other than to release yourself from the clutches of time, which is similar to energetic quicksand, entangling you energetically to a time-based emotional state.

A SPIRITUAL IMPERATIVE

It is important to reset your emotional state frequently in your day-to-day activities, and the art of the genuine is an excellent method to do so. It does not require that you practice the full visualization. Operating in your feeling world with an expanded understanding of how the heart virtues can be combined or sequenced for specific life experiences is a fundamental shift in behavior that will serve you well.

Why is practicing the art of the genuine a spiritual imperative? When you have found your own definitions of the



heart virtues and you have assembled your insight into your behaviors, you will see that this is the key that unlocks the sheaths that surround your love frequency. There is no other vibrational identity within you that is more you than this pulse of divine love that defines your existence as a spiritual being. The goal is to invite this vibration—this being—into your human existence, and it will only emerge when there is harmony in your field of consciousness (i.e., emotional state).

Practicing the art of the genuine is a method to achieve this harmony and beckon your innermost self to join you in your human endeavors. It also helps to align the individual to the next phase of human evolution, which is directly concerned with the emotional state and its alignment to the spiritual impulse or love frequency. It is not that the mind is absent in this evolutionary leap, it is a vital instrument of the heart, but the intelligence of love supercedes the intelligence of the mind in the practical arena of human endeavor.

In the human world, love is thought to be an action or feeling, not a form of high intelligence. The love of which I speak is the highest intelligence of the multiverse, but also the most misunderstood in the human domain. The human soul is a conduit of this love or intelligence, and First Source is releasing higher energetics of this love frequency in order for humanity to take the next evolutionary leap to the higher 4th dimension. This leap is facilitated if the individual is practicing the art of the genuine or something similar in nature because the new energetics are like wind to the sail if there is emotional coherence, and this “wind” will quicken you, in a sense, you will time travel to another You.

Perhaps it has been said before, but I want to stress this point, do not practice the art of the genuine solely for your own spiritual growth. Practice it primarily for the evolutionary expansion of the planet and those whom your life touches. You are an engineer of this expansion and evolutionary movement when you operate from this perspective because you are focused on the locus of control—the functional leverage of your own emotional state for the good of the planet and those upon her. It is precisely this perspective that is the “sail” upon which the new energetics of First Source “blow”.



As I said earlier, light is a texture of love. A new light is emerging from the cosmos that is catalyzing the light to shift in other worlds as well, including our solar system, planet and subtle fields of existence therein. You can think of this new light frequency as a catalyst of the shift of human existence, but it is really a catalyst for the earth, and humanity is merely along for the ride as it were. Earth holds a special place in the universe, not necessarily because of what it represents today, but what it will represent in its glorious future.

The love frequency that you hold inside you, the braiding of the six heart virtues into the formulas of loving behavior, can be channeled in such a way that it touches earth. Contemplate this: you can touch the earth with your field of consciousness in a powerful way that actually facilitates its evolutionary shift, and in so doing, your own as well.

This is the final aspect of the art of the genuine that bears consideration. As your field of consciousness or energetic body becomes more harmonious and coherent, the love frequency seats itself more vibrantly in your human instrument. This means that you have access to your higher self in more vivid, tangible ways. With this heightened access, you also have the ability to channel this love frequency with selective precision.

Channeling this love frequency to earth is an integral aspect of practicing the art of the genuine, but it is not to be tackled too early in the practice. There is a clearing of old patterns and energies that must take place first, and then a certain self-mastery of the new energetics before one can channel with the required precision and emotional strength. It is a vital phase within the practice and could be likened to the final layer of its purpose.

The power of the individual is contained in the fluid intelligence of their heart virtues. How one orchestrates their emotional state is reflective of their self-mastery. Equations of the heart virtues are the chain-link behaviors that enable one to move with grace through life's myriad conditions and situations. The individual who understands the deeper meanings of their heart virtues and applies their equations in their life enrich their purpose on earth



and gain access to the highest and most potent form of intelligence: divine love.

From my world to yours,

James





REFERENCES

¹ **Energetic Heart—**

Across all dimensions of space there exists a primary field of vibration or quantum primacy. This field is non-physical but informs the physical. It exists independent of the physical structures of existence, and is known among Lyricus teachers as the Underivative Information Structures (UIS).

UISS are sub-quantum and represent the primary blueprint for living systems and inorganic matter. It is UIS that gives rise to the quantum fields that interpenetrate planets, stars, galaxies, and the universe at large. It is the communication field of life that connects the nonlocal and the local, the individual and the collective, the one and the infinite. The energetic heart is the non-physical component of UIS that is the entryway or portal from UIS to the intuitive and intelligence centers of the soul carrier or human instrument. In a sense, it is the subquantum blueprint of the physical heart.

² **Lyricus Teaching Order (LTO)—**

The Lyricus Teaching Order originates in the Central Race of the 7th Superuniverse. Within the Central Race is a sub-race known symbolically as the WingMakers. Within the WingMakers there is a specific order of beings that are collectively known as Lyricus, and it is this group that is responsible for assembling and exporting the knowledge base necessary for a developing species to scientifically prove the existence of soul and establish the science of multidimensional reality as the nucleus knowledge system of the species.

This outcome of evolution is universal and, in the broadest measure, identical for all species that are based on the biogenetic template of the Central Race, known as the 7th Archetype Soul Carrier of the Individuated Consciousness of First Source. It is Lyricus that is responsible for shepherding a developing species to the technological and scientific prowess whereby the soul and the soul



carrier are distinguished and acknowledged by the species at large.

³ **Human Instrument—**

The human instrument consists of three principal components: The biological (physical body), the emotional, and the mental. These three distinct tools and systems of intelligence and perception, in aggregate, represent the vehicle of the individuated spirit as it interacts with the physical dimension of time, space, energy, and matter. In Lyricus terms, the human instrument is referred to as the soul carrier, and the soul consciousness within it is activating the sensorial system of the soul carrier to enhance the soul's influence within the physical world.

⁴ **First Source—**

First Source is a consciousness that inhabits all time, space, energy, matter, form, intent; as well as all non-time, non-space, non-matter, non-energy, non-form, and non-intent. It is the only consciousness that unifies all states of being into one Being. And this Being is First Source. It is a growing, expanding, and inexplicable consciousness that organizes the collective experience of all states of being into a coherent plan of creation; expansion and colonization into the realms of creation; and the inclusion of creation into Source Reality—the home of First Source.